## YOUR PHARMACY BENEFITS.



#### Five things to remember.

#### 1. Use the myCigna® App or website.

24/7 access to all you need to know about your coverage.

- > Find out how much your medication costs
- > See which medications your plan covers
- > Find an in-network pharmacy
- > Ask a pharmacist a question
- See your pharmacy claims and coverage details
- Track your Cigna Home Delivery Pharmacy<sup>SM</sup> orders and request refills.<sup>1</sup>
- Connect to your Accredo online account to manage your specialty medications<sup>1</sup>

#### 2. Use "Price a Medication."

Prescription prices can vary by pharmacy. Before you fill your prescription, compare your costs online. Log in to the **myCigna** app or website and click on "Price a Medication" to find out how much your medication will cost you at the different pharmacies in your network. You can also see if there are lowercost alternatives available.<sup>2</sup>

#### 3. Choose generics and save.

Generics typically cost much less than brand-name medications – in some cases, up to 85% less.<sup>3</sup> They have the same active ingredients, strength and dosage form as the brand-name medication. Just because generics cost less than brands, it doesn't mean they're lower-quality medications.

#### 4. Use Cigna Home Delivery Pharmacy.<sup>1</sup>

- Free standard delivery to your home or work address within the United States.
- Fill up to a 90-day supply at one time, so you fill less often.
- > Free refill reminders by email to help make sure you don't miss a dose.
- Refill your medication and track your orders on the myCigna app or website.
- > 24/7 access to licensed pharmacists.

# 5. Use Accredo, a Cigna specialty pharmacy, to help manage a complex medical condition.<sup>1</sup>

Managing a complex medical condition like hepatitis C, multiple sclerosis and rheumatoid arthritis isn't easy. As part of your Cigna-administered pharmacy benefits, you have access to Accredo, a Cigna specialty pharmacy. Accredo's team of specialty-trained pharmacists and nurses will provide you with the personalized care and support you need to manage your complex medical condition.¹ They'll help you work through side effects, check in with you and your doctor to see how your therapy's going, help you get your medications approved for coverage, and more. To get started using Accredo, call 877.826.7657. To learn more, go to Cigna.com/specialty.

- 1. Not all plans offer Cigna Home Delivery Pharmacy and Accredo as a covered pharmacy option. Please log in to the myCigna app or website, or check your plan materials, to learn more about the pharmacies in your plan's network.
- 2. Prices shown on myCigna are not quaranteed and coverage is subject to your plan terms and conditions. Visit myCigna for more information.
- 3. U.S. Food and Drug Administration (FDA) website, "Generic Drug Facts." Last updated 06/04/18.

### Together, all the way.



#### Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and complete details of coverage, see your plan materials.

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